

May 2009 Systems of Hope Evaluation Presentation Guide Family Functioning and Relationships

Behavioral and Emotional Rating Scale-2nd Edition (BERS-2)

- Identifies the emotional and behavioral strengths of youth.
- Rates child's behaviors and emotions in a positive way. Corresponds to child's status over the past 6 months.
- 2 versions, one for parent (caregiver) and one for youth
- 57 items rated from 3-0 (3: Very much like your child; 0: not at all like your child)
- 6 subscales: Scale scores range from 1-16 (average scores between 8-12) with higher scores indicating greater strengths.
 - **Interpersonal Strength:** Measures child's ability to control his or her emotions and react to disappointments in a calm manner. For example "uses anger management skills", "expresses remorse for behavior that hurts or upsets others," and "reacts to disappointments in a calm manner."
 - **Family Involvement:** Measures child's participation in and relationships with his or her family. For example "demonstrates a sense of belonging to family," "interacts positively with family," "communicates with parents about behavior at home."
 - **Intrapersonal Strength:** Broadly measures the child's outlook on his or her competence and accomplishments. For example, "is self confident", "demonstrates a sense of humor," "identifies own feelings."
 - **School Functioning:** Measures child's competence in school and classroom tasks. For example "completes tasks when asked," "completes schoolwork on time," "reads at or above grade level".
 - **Affective Strength:** Assesses child's ability to accept affection from others and express feelings towards others. For example "accepts a hug," "shows concern for the feelings of others," "acknowledges painful feelings."
 - **Career Strength:** Assesses child's interests and aptitude or career and vocational development. For example "can name one career or life goal," "has a specific vocational skill," "is optimistic about future."
- Overall Strength Index: Strength Index scores range from 38 to 161 (average scores between 90-110) with greater scores indicating higher overall strengths.

Family Life Questionnaire (FLQ)

- Assesses aspects of family life related to things the family does together and how well the family interacts and responds to problems, e.g. spending time together and dealing with family problems without fighting.
- 10 items rated on 1-5 scale (10-50 range) completed by caregiver.

Columbia Impairment Scale (CIS)

- Evaluates level of impairment in areas related to:
 - Relationships with caregivers, siblings, friends, and other adults
 - Behavioral problems at home, work and school
 - Positive and negative emotions, such as happiness, sadness, and anxiety
- 13 items rated from 0-3 (0-39 scale) completed by caregiver.
- Lower score indicates less impairment.